

NEW CHECK-IN PROCEDURES FOR FITNESS CLASSES

We will be using our new registration software to check in prior to a drop-in class. Due to COVID regulations, we must not exceed the maximum participants allowed and must keep track of each participant in each of our classes. Directions on how to register are below.

Each instructor has a different cut off time for checking in, be it the night before or an hour before the class.

Be Strong – 8 PM, Monday night
Total Body Conditioning – 8 PM, Tuesday night
Body Works Plus – 8 PM, Sunday night
Fitness Workshop – 10 AM the day of for Tuesday/Thursday classes
Fitness Workshop – 5 PM, Friday night for Saturday class
Chair Yoga – 9 AM the day of class
Yin Yoga – 8:15 AM the day of class
Yoga Level 1-2 – 8:15 AM the day of class

There is no cost to check-in.

Check-in for the next class can be done once the prior class has completed.

Instructors will still accept check or cash for each individual class, but please bring exact change if paying by cash. You still must check-in prior to class.

If you have a punch card, we will track your punches.

You can check-in to your first class beginning August 14th at 8:30 AM.

Contact us at (708) 246-9070 with any questions or problems.

CHECK-IN PROCEDURES

Set up your individual and family Profile

1. Go to <https://wsprings.recdesk.com/> and click "Create Account".
2. Fill out all fields and click Submit to complete the Profile setup process.
3. You can add your other family members who will be registering for or paying for programs at this time also by clicking "Add Household Member" or you can add them at a later date.

Registering for Programs (this is considered check-in)

1. Registrations can be initiated by either clicking on the “Register Now” button on the Program List Page or while viewing the Program Detail (Clicking on the program will give you program details).
2. This will display the Program Registration form. Choose the Family Member registering for the program (not the Parent/Guardian), the appropriate Fee Type (currently “No Fee” for fitness drop-ins) and then answer any additional questions that may be required for the program.
3. The new Registration will be added to your Shopping Cart and is now ready for Payment (there is no cost for checking-in). At this point, you can add more registrations to the shopping cart or complete the registration(s) by going through the Payment/Checkout process.

Checkout and Payments

1. Registrations are NOT complete until you go through the Checkout process. If there are pending registrations in your cart, go to your Shopping Cart and click Checkout.
2. You will be directed to the Waiver page where you must click Accept to continue. The first time you sign up for a program there will be a lot of waiver information. Please keep in mind once you fill out this info it will pull into other programs.